



## THE LOVELY BREAKFAST MENU

Served until 12pm on weekdays.

### THE HEALTHY

#### FRESH FRUIT SMOOTHIE

Seasonal fresh fruit blended with low fat yogurt & honey

#### FRESH FRUIT SALAD

served with homemade berry compote, toasted muesli and Greek yoghurt

#### HOUSE ORGANIC GRANOLA

Our organic granola, pro-biotic yoghurt with shaved coconut, torn mint and seasonal berries

#### ORGANIC KILBEGGAN PORRIDGE

Served with toasted almonds, berry compote and organic honey

### THE HEARTY

#### FRENCH TOAST

2 Slices of authentic French brioche , served with your choice of Irish bacon & maple syrup OR fresh berries with maple syrup and compote

#### LOVELY EGGS

Scrambled OR poached served with house slow roasted tomato, chives and artisan toast

**Add Irish bacon or Robinson's sausages or oak smoked salmon**

#### BREAKFAST POTATO CAKE

Breakfast potato cake with spinach, slow roasted vine tomato and poached egg with a choice of award winning west Cork black pudding OR a roasted field mushroom. Served with a side of wholegrain mustard cream sauce

#### EGGS BENEDICT

Fresh toasted sourdough, poached eggs, Parma ham, hollandaise and chives

#### EGGS FLORENTINE

Fresh toasted sourdough, poached eggs, baby spinach, hollandaise and chives

#### EGGS ROYALE

Fresh toasted sourdough, poached eggs, oak smoked salmon, hollandaise and chives

#### BREAKFAST SANDWICH

Choose from sausage, bacon and tomato OR egg, tomato and mushroom.

Served on Tartine Bakery artisan bread with relish and home fries

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**We put pride and care into every dish, we appreciate your patience during busy periods, Many Thanks!**

**\*Please advise us if you have any dietary requirements**



## SCONES

### SWEET SCONES

Our sweet scones change daily and we serve them warm with whipped cream, Irish jam and real butter

### SAVOURY SCONES

Our savoury scones change daily and we serve them warm with sundried tomato tapenade and salted herb butter

## PASTRIES

We bake our breads and pastries fresh each morning, check out our display or ask your server for more details, we also have a large gluten free range.

## TEA & COFFEE

### COFFEE

Americano

Flat White

Cappuccino

Latte

Espresso/ Double Espresso

Macchiato/ Double Macchiato

Chai Latte

Extra shot or Syrup Shot

### HERBAL TEA

Wall and Keogh Loose Leaf Teas

- Earl Grey Superior  
**Black Ceylon Ruhuna tea with bergmont and Italian orange blossom**
- Peppermint blend B  
**Organic peppermint, passion flowers, lemon balm and lavender flowers**
- South of France  
**Organic hibiscus, raisins, elderberries, sunflowers, cornflowers, raspberries and strawberries**
- Maté Lemon  
**Infusion of organic South American Yerba Maté, Australian Lemon Myrtle and green tea**
- Organic Chamomile Flower  
**100% organic chamomile flowers**
- Irish Breakfast Tea  
**A fine small leaf tea, giving a dark mahogany infusion, perfect with milk**