



THE LOVELY LUNCH MENU

Served from 11am weekdays.

Fresh Homemade Soup of the Day

Served with our own house soda bread. Our soup changes daily and is always gluten free.

LOVELY MAIN COURSES

Variety is the spice of life, so we change our hot main course dishes on a daily basis, this means your food is always fresh and in season and no matter how often you visit, there is always something new to enjoy.

All of our main dishes are served with a selection of our salads of the day and our home fries. See the board or ask your waitress for today's specials

GOURMET SANDWICHES

All gourmet sandwich options are available Gluten Free.

Add home fries or a cup of soup

Warm farm assured chicken & stuffing with cranberry mayo and baby leaves

Oak smoked salmon and fresh crab in a lemon crème fraîche on our own soda bread

8 hour pulled roast pork, home-made apple slaw & country relish

Grilled haloumi, oven roast vegetables and basil pesto

Tender brisket of beef, caramelised onion and wholegrain mustard aioli

LOVELY SALAD BOWLS

Our heaped salad bowls are filled with mixed leaf salad, red onion and cucumber salsa, cashew nuts, sun blushed cherry tomatoes and our own crisp croûtons. Gluten free option available.

Seared tiger prawns with chilli, lime and garlic

Warm organic goats cheese and toasted pine nuts

Super-food salad with haloumi cheese, roast butternut squash, carrots, peppers, stem broccoli and toasted seeds

Free range chicken and bacon Caesar salad with shaved Parmesan

SWEETS AND TREATS

We have a wonderful in-house baker who makes all our cakes and treats, these change daily and we are especially proud of our gluten free range of treats.

Have a look in our display fridge or ask your server for more details

We put pride and care into every dish, we appreciate your patience during busy periods, Many Thanks!

***Please advise us if you have any dietary requirements**